

COURSE OUTLINE

Course Title:	NURSING CONCEPTS
Code No-;	NUR 330-1
program:	NURSING
Semester:	FIVE
Date:	SEPTEMBER 1985
Author:	NANCY McCLELLAND

New: Revision:

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APPROVED:

Chairperson

Date

CALENDAR DESCRIPTION

NURSING CONCEPT^

NUR 330-1

Course Name

Course Number

COURSE DESCRIPTION:

This course is designed to prepare and assist the student to assume responsibilities of a graduate nurse. Aspects of the nurse's role such as patient advocate and leadership are highlighted. Methods of nursing care delivery are examined as well as how to effect change.

COURSE OBJECTIVES:

- 1. Demonstrate the nurse's role as a patient's advocate.
- 2» Examine various methods of nursing care delivery.
- 3. Discuss a leadership role in nursing. Examine assertiveness in nursing.
- 4. Analyze the roles and responsibilities of the nursing profession relative to the structure of the health care system.
- 5. Describe how the change process may be used to facilitate nursing.
- 6. Anticipate and plan opportunities for continuing personal and professional development.

METHOD OF ASSESSMENT (GRADING METHOD):

1.	Essay				85%
2•	participation,	Attendance,	Responsible	Action	15%
					100%
3.	Optional Bonus	Assignments			10%

TOTAL 110%

YEAR <mark>NUR 330-1</mark> YEAR III, SEMESTER

CROSS REF. WITH PROGRAM OBJECTIVES		LEARNING RESOURCES
IV (5)	NURSE'S ROLE AS PATIENT ADVOCATE	Advocacy Risk and Reality (by M-F. Kohnke), C.V- Mosby, Toronto, 1982
	1 • Define the term patient advocate	"Advocacy: What is it?" (Brower) J• Gerental Nursing, 1982 March 8, pp. 141-143, 144-145, 149-151-
	2» Identify characteristics needed in a professional nurse to be the patient's advocate.	"Advocacy: What is it?" (Kohnke), Nurse Health Care, 1982, June 3, PP 314-318.
		"Sticking up for your patient" (Catherine Watson) <u>Nursing Mirror</u> , March 3, 1982, pp. 14.
		"Consultant/Advocate for the medically 111 Hospitalized patient (Barbara Smith) <u>Nursing</u> <u>Forum</u> , Vol. XX, No. 2, 1981/ pp 115- 129.
	Analyze nurse/client interactions to determine behaviours indicative of patient advocacy.	"From all sides," Robert Song, <u>Nursing</u> Mirror, December 2, 1981, pp. 38-40.

> 4, Site everyday examples of when patients need an advocate.

 Demonstrate your role as patient advocate•

Examine issues that may cause nurses to abandon their client/ advocate role.

LEARNING RESOURCES

"integrating Advocacy into the Gerontological Nursing Major", M. Jo• Namerow. <u>Journal</u> of Gerontological <u>Nursing</u>, vol. 8, No. 3, March, 1982.

patients' Rights, (J• Storch) McGraw-Hill Ryerson Ltd., 1982, pp. 124, 143, 170-175. "Statement on patient Advocacy", <u>RNAO</u>, April 1977.

"Was is advocacy, insubordination, or both?" (J. Berde) <u>RN</u>, May, 1982, pp-109-111.

"patient's Advocate Letting a patient Go" (Carol Anne Hanrahan), RN, Oct. 1984, p. 17-18

V (4) B: METHODS OF NURSING CARE DELIVERY

 Review the historical approach to delivery of nursing care.

> 2- Compare and contrast the following methods of Nursing care Delivery with regards to area, method and type.

- i) primary nursing
- ii) team nursing approach
- iii) total patient care
 - iv) nurse clinician
 - v) nursing practitioner
- vi) extended roles
- vii) central servicetry
- viii) public health and home health care
- 3. Identify the method of nursing care delivery where you are working• what are the pros and cons of this system?

Examine the role of the nurse m one of the above methods with regard to leadership and job description.

III (5) C: THE LEADERSHIP ROLE OF THE NURSE

Define and explain the term leadership,

2 • Give examples of leadership you have seen in nursing.

LEARNING RESOURCES

The practice of primary Nursing, (Marie Manthey), Blackwell Scientific publishers, Inc•, Boston, 1980, 1st edition

The Middle Manager in primary Nursing, {G. Gilbert Mayer; K. Bailey), springer publishing Co•, N.Y. Co. 1982

See attached list for journal articles on methods of Nursing Care Delivery

"What is Leadership?" L.B. Lundborg, <u>Journal</u> of Nursing Adminis-<u>tration</u>, May, 1982, pp, 32-33.

names & Joseph, Basic Concept of Helping, pp. 240-241-

"The social nature of leadership", <u>AJN</u>, 69:2614f December, 1969.

Ill (2) (4)

- 3. Identify styles of leadership
 - authoritarian
 - democratic
 - bureaucratic
 - laissez-faire
 - maternal, paternalistic

a leader in nursing.

and overall style.

member.

eg. a psychiatric nurse.

eg • valued and effective team

- components of decision-making

Create a theoretical model of the

kind of leader you would like to

be on your present ward; consider

personal characteristics, atti-

tudes, communication approaches

List characteristics needed to be

LEARNING RESOURCES

Nursing Management and Leadership in Action by L.M» Douglass and E.M. Olivin Bevis, 4th Ed-, C.V. Mosby Co 1983.

Text, p. 23. "Components of Decision-Making", College Communique, vol• 9r No, 4, Aug, 1984.

Stuart & Sandien, <u>principles and</u> <u>practice of</u> <u>psychiatric Nursing</u>, Roles & Functions of psych nursing, Ch• If pp. 18-19.

"Leadership for Expending Nursing Influence on Health Policy." (Davis Calley, Sochelski), Journal of Nursing Administration, Jan 1982, pp. 15 +.

"Leadership Style and Approaches in Critical Care Nursing", (M.L. Guy)

> Analyze selected situations of leadership in nursing. Formulate a plan of action for each nursing leader, reviewing the ramifications of decisions and actions taken.

7. Identify some current issues in which nurses could take a leader ship role. eg, Canada Health Act Issues on Child Abuse

- participate in workshop on Assertiveness in nursing.
 - why be assertive in nursingrecognize your personal
 - strengths, talents - review Harris theory
 - communication styles
 - determine when to be assertiv*
 - role play situations

LEARNING RESOURCES

Leadership at Work <u>RN</u> November, 1981, pp. 105, 106. RN March, 1982, pp. 101+- RN^A April, 1982, pp» 93. RN December, 1981, pp 8.

"Congratulations, you're in Charge" (Alice Dillon) <u>Nursing Life</u>, Mar/ Apr, 1982, pp* 21.

"Leadership and Change in Nursing", (by L. Hardy et al) <u>Nursing Times</u>, Aug• 25, 1982, pp. 1429-1430

"Self-Care for Nurses: Assertiveness", (P•J. Might) <u>Nursing Management</u>, Feb. 1982, p. 13.

<u>Stat Special Tech-</u> niques in Assertive <u>ness Training</u>, (M. Chenevert), C.v. Mosby Co., Toronto, 1983.

"Assertiveness Skills", (M. Edmunds), <u>Nurse</u> <u>practitioner</u>, Nov-Dec., 1981, p.27-32

"The Assertive Nurse", (G. Donnelly), <u>Nursing</u> '78, Jan. p.65

CROSS REF.			LEARNING
WITH PROGRAM <u>OBJECTIVES</u>			RESOURCES
			"Gaining Power Through Assertive Behaviour", (Lancaster & Lancaster), <u>Concepts</u> for Advanced Nursing <u>practice^The Nurse</u> as a Change Agent, p. 406+
			"Leadership- Assertiveness - The Key to professional- ization of Nursing" (Bernard and Walsh), p. 15-17
VI	D:	ROLES S RESPONSIBILITIES OF THE NURSING PROFESSION	Review 2nd year Concepts material on professional Character Traits, by
VI (1)	1.	Analyze the roles and respons- ibilities of the nursing pro- fession relative to the structure of the health care system, eg. Group Health Centre	J. Flaherty - Nr, pp. 71 +. "TLC Plus", (H.L. Hirsh) Nursing Homes, Nov/Dec 1982
V 6,7	2 -	Explain the functions of i) RNAO ii) College of Nurses iii) ONA	pp. 37-•38. "Roles of the Nurse (Brunner), p. 9-12
			RNAO News, Jan-Feb, 76; Sept-Oct, 84; CNO 20th Anniver- sary
			Communique, Vol.8, NO.1, jan•, 1983; "What is the College", Vol.9, No.5, Oct., 1984; "Licensing the Nursing profession", vol.9, NO.4, Aug., 1984.

1984.

Examine various working Nursing Ethics, by III 4 relationships J. Flaherty. i) nurse/nurse relationship ii) nurse/contract with society, patient iii) nurse/medical doctor iv) nurse/institution of employment CHANGE PROCESS Review change theory from Sociology course. 1 • Describe change theory Social Change, W•E Moore, prentice-Hall Inc., Englewood Cliffs, N»J«, 1963. Identify essential elements needed "Yes, you can change for change to access • the system** (Terry Paulson pAd Nursing Life, Sept/Oct, 1981, pp. 26 +. Examine your present work setting Strategies for in nursing and identify areas that planned Change, Zaltam & Duncan, have been changed or areas in the process of change. Wiley-interscience publication, Toronto, 1977. "Savage Beasts that Soothe; How the pet Visitation program Works", (0-Roberts), CN, Sept., 1984, p. 48-49 The Change Agent, L.E. Schaller, Abingdon press, Nashville, Tennessee, 1977.

LEARNING

RESOURCES

CROSS REF. WITH PROGRAM LEARNING OBJECTIVES RESOURCES Training for Change Describe how the change process VI 4 Agents, Ronald & may be used to facilitate nursing Mary Haveloch, Institute for Social Research, university of Michigan, Ann Arbor, 1973. Site an example of a change you Leadership for would like to see happen in Change: A Guide for nursing. Develop a plan for this the Frustrated Nurse change to occur. Assess the (D. Brooten, L« factors involved. Set goals and Hayman, M. Naylor) determine actions you would take J.B. Lippincott Co,, to create change. Evaluate the Toronto, 1978. outcome • "Leadership & Change in Nursing" (I,. Hardy & A.M. Rafferty) Nursing Times, Aug. 25, 1982, pp. 1429, 1430 "Effective Change PERSONAL AND PROFESSIONAL VII 3, 4 Requires a Change DEVELOPMENTS Aqent (A Levinstein), journal 1. Explore rationale for development of Nursing Adminof personal and professional istration, June, 79, qoals• p. 12-16 VII (2) 2. Develop tentative personal and professional goals for the following time periods: "preparing for the 6 months, 1 year, 2 years, 3 Future", <u>RNAO News</u>, years, 5 years, 10 years. Sept/Oct., 1984, Consider your interests, strenghts p. 22 and weaknesses. 3. Share these goals with 1 classmate. Arrange a date and time to evaluate goals in 6 months .

> Continue to update goals and participate in continuing education. eg. CPR

LEARNING RESOURCES

- 5. Participate in job Skills Seminar. - prepare a resume
 - examine and participate in job interviews designed for the new graduate nurse

NUR 330-1 - SEMESTER V

CONCEPTS

PROJECT: A CHANGE IN NURSING

Site an example of a change you would like to see happen in nursing for improved patient care>

Develop a plan for this change to occur. Assess the factors involved. Explain how nursing care is carried out now, and how this change might affect nursing care provided in this particular setting.

Set goals and determine actions you would take to create change. - How would the nurse be involved as the patient's advocate? illustrate leadership needed or necessary to accomplish this change. Consider ho)w professional affiliations may be of assistance or support for this chtange. Also consider the dynamics of professional working reslationships.

Explain how changes like this relate to personal and professional development of each nurse. Evaluate the possible outcomes.

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NUR 330-1 - SEMESTER V

CONCEPTS

JOURNAL ARTICLES

Accountability: The Essence of primary Nursing, (K. Ciske), AJN, May, 1979, p. 890-894

primary Nursing is Alive and Well in the Hospital, (M. Manthey), AJN, Jan., 1973, p. 83-87

primary Nursing or Total patient Care?, (j, Hylands and A. Sainovka), DIMENSIONS, Oct., 1984, p- 36

A Theoretical Framework for primary Nursing, (M. Manthey), JOURNAL OP NURSING ADMINISTRATION, June, 1980, p. 4-15

primary Nursing in York Central Hospital, Toronto

Adapting the patient Care Conference to Primary Nursing, (G* Gilbert Mayer, K- Bailey), JOURNAL OF NURSING ADMINISTRATION, June, 1979, p. 7-10.

primary Nursing Won't Work...unless the Head Nurse Lets It, (K. Zandov), JOURNAL OF NURSING ADMINISTRATION, Oct., 1977, p. 19-23

The Role of the Head Nurse in primary Nursing, (D. Bartels, V. Good, S. Lampe), £I4, March, 1977, p. 26-30

Foundations of primary Nursing, (S» Thomas Hegyvary), NURSING CLINICS OF NORTH AMERICA, Vol. 12, No. 2, June, 1977, p- 187-196

What Nurses Say About primary Nursing, (P. Dawson, N. Wilson), sorry no bib.

Staffing Assignment: By Tosh or By patient, (E.J. Hallocon), NURSING MANAGEMENT, Vol.14, No.8, p. 16

Achieving A Professional practice Model How primary Nursing Can Help, (P. Deiman, E- Noble, M. Russell), JOURNAL OF NURSING ADMINISTRATION, july/Aug., 1984

Staffing by (peter Drucker), sorry no bib., article is on reserve in Library